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**James  
Hinchcliffe** | Biologist  
EFFOP

# Strategic value of marine ingredients in the Baltic

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EUROPEAN  
FISHMEAL AND FISH OIL  
PRODUCERS

# The strategic value of marine ingredients in the Baltic Sea

**Dr. James Hinchcliffe**  
biologist EFFOP

EFFOP biannual conference

Estonia

June 2024

# The golden standard

“A feed is only as good as its ingredients”

High digestibility

High palatability

High ease of assimilation in animals

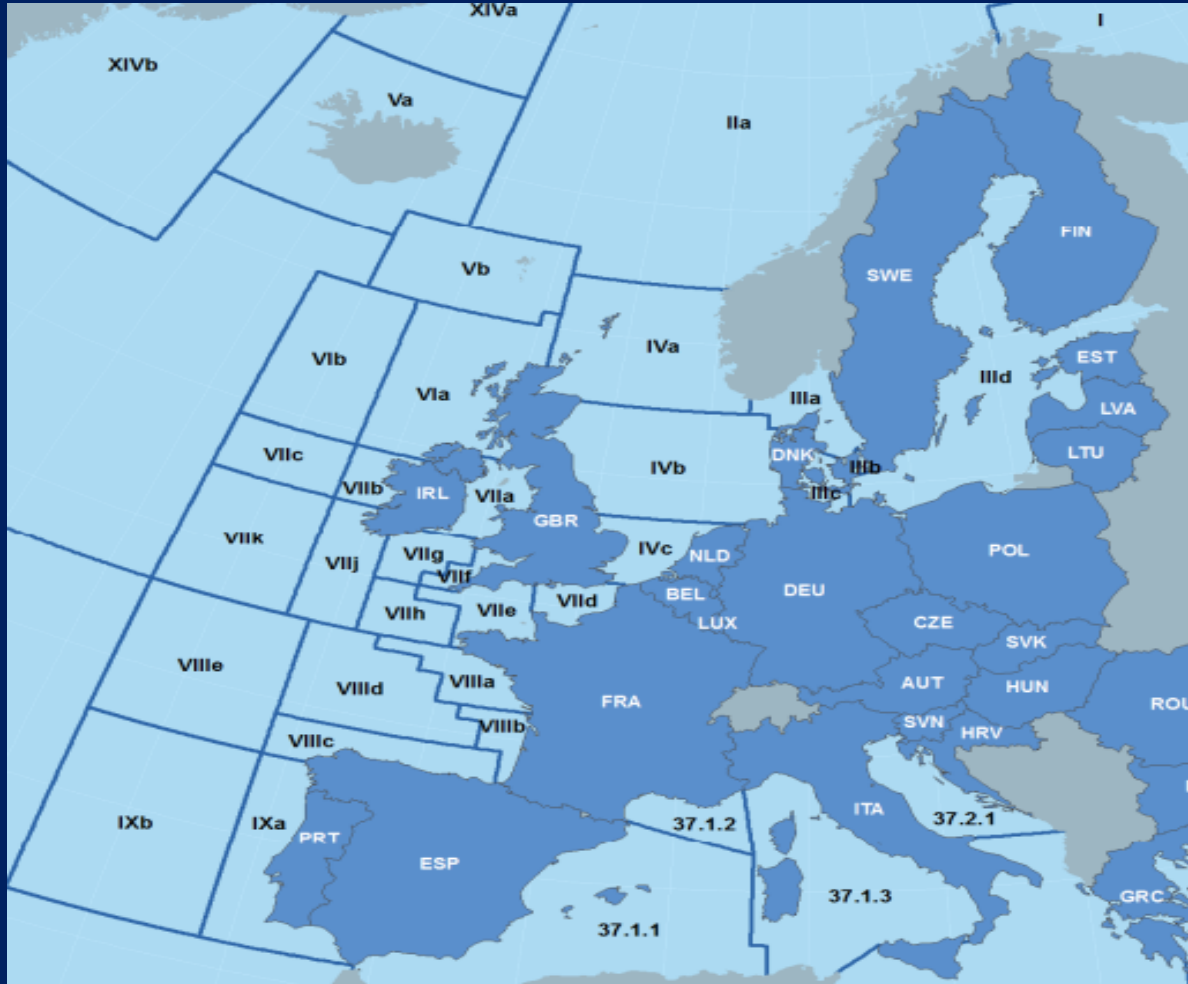
Efficient extrusion

Nutrient %	Fishmeal	Target range for alternative ingredients	Soybean
Crude protein	65-72	48-80	60
Crude Lipid	5-8	2-20	5.4
Ash	7-15	4-8	8
NFE	<1	<20	*
Starch	<1	<20	*
Lysine	4.72	>3.5	2.8
Methionine	1.75	>1.5	0.9
N-3 fatty acids	ca. 2	*	*

Gatlin et al., 2007

Glencross et al., 2007

# European Fishmeal sourcing



Fish species	Latin name	ICES catch area/management area	Status
Anchovy	<i>Engraulis encrasicolus</i>	Subarea 8 (Bay of Biscay)	Green
Blue whiting	<i>Micromesistius poutassou</i>	Subareas 1–9, 12, and 14 (Northeast Atlantic and adjacent waters)	Green
Boarfish	<i>Capros aper</i>	Subareas 6–8 (Celtic Seas, English Channel, and Bay of Biscay)	Green
Capelin	<i>Mallotus villosus</i>	Subareas 1 and 2 (Northeast Arctic), excluding Division 2.a west of 5°W (Barents Sea capelin)	Green
Capelin	<i>Mallotus villosus</i>	Subareas 5 and 14 and Division 2.a west of 5°W (Iceland and Faroes grounds, East Greenland, Jan Mayen area)	Green
Herring	<i>Clupea harengus</i>	Subarea 4 and divisions 3.a and 7.d, autumn spawners (North Sea, Skagerrak and Kattegat, eastern English Channel)	Green
Herring	<i>Clupea harengus</i>	Subareas 1, 2, and 5, and in divisions 4.a and 14.a, Norwegian spring-spawning herring (the Northeast Atlantic and the Arctic Ocean)	Green
Herring	<i>Clupea harengus</i>	Subdivisions 20–24, spring spawners (Skagerrak, Kattegat, and western Baltic)	Red
Herring	<i>Clupea harengus</i>	Subdivisions 25–29 and 32, excluding the Gulf of Riga (central Baltic Sea)	Red
Herring	<i>Clupea harengus</i>	Subdivisions 30 and 31 (Gulf of Bothnia)	Red
Herring	<i>Clupea harengus</i>	Subdivision 28.1 (Gulf of Riga)	Green
Horse mackerel	<i>Trachurus trachurus</i>	Subarea 8 and divisions 2.a, 4.a, 5.b, 6.a, 7.a–c, and 7.e–k (the Northeast Atlantic)	Red
Mackerel	<i>Scomber scombrus</i>	Subareas 1–8 and 14, and in Division 9.a (the Northeast Atlantic and adjacent waters)	Green
Norway pout	<i>Trisopterus esmarkii</i>	Subarea 4 and Division 3.a (North Sea, Skagerrak, and Kattegat)	Green
Sandeel	<i>Ammodytes spp.</i>	Divisions 4.b–c, Sandeel Area 1r (central and southern North Sea, Dogger Bank)	Green
Sandeel	<i>Ammodytes spp.</i>	Divisions 4.b–c and Subdivision 20, Sandeel Area 2r (central and southern North Sea)	Green
Sandeel	<i>Ammodytes spp.</i>	Divisions 4.a–b and Subdivision 20, Sandeel Area 3r (northern and central North Sea, Skagerrak)	Green
Sandeel	<i>Ammodytes spp.</i>	Divisions 4.a–b, Sandeel Area 4 (northern and central North Sea)	Yellow
Sardine	<i>Sardina pilchardus</i>	Subarea 7 (Southern Celtic Seas, and the English Channel)	Yellow
Sardine	<i>Sardina pilchardus</i>	Divisions 8.a–b and 8.d (Bay of Biscay)	Red
Sprat	<i>Sprattus sprattus</i>	Subdivisions 22–32 (Baltic Sea)	Green
Sprat	<i>Sprattus sprattus</i>	Division 3.a and Subarea 4 (Skagerrak, Kattegat, and North Sea)	Green

ICES advice is a core principle in EFFOPS sourcing

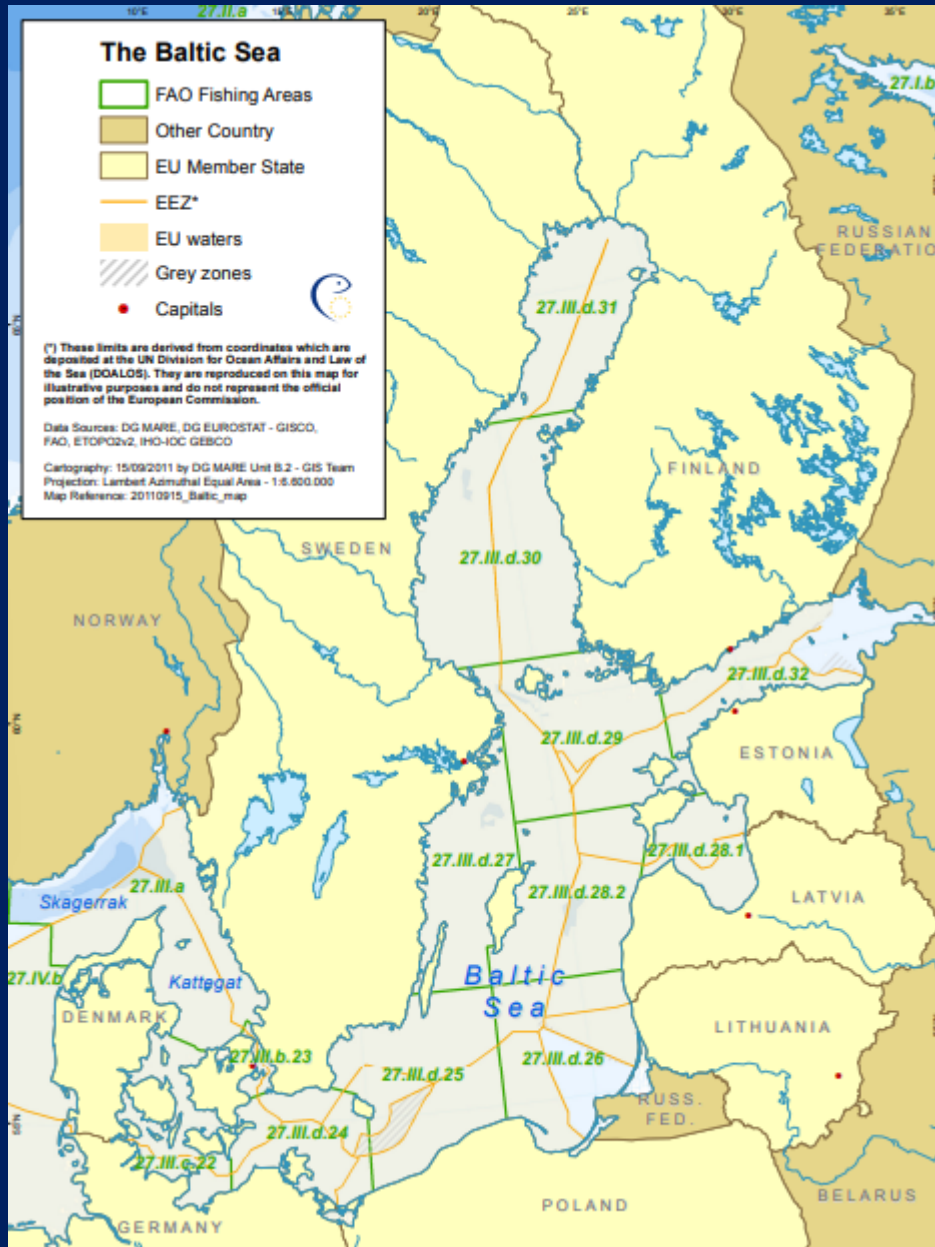
# Baltic Sea ecosystem and management



## Important whole fish stocks

1. Baltic Herring: **subdivisions 20–24**, spring spawners (Skagerrak, Kattegat, and western Baltic)
2. Baltic Herring: **subdivisions 25–29 and 32**, excluding the Gulf of Riga (central Baltic Sea)
3. Baltic Herring: **subdivisions 30 and 31** (Gulf of Bothnia)
4. Baltic Herring: **subdivision 28.1** (Gulf of Riga)
5. Sprat: **Subdivisions 22–32** (Baltic Sea)

ICES fish stock status is indicated by the colors – green and red:  
Green = spawning stock biomass above the precautionary reference point, Bpa.  
Red = spawning stock biomass below the precautionary reference point, Bpa.

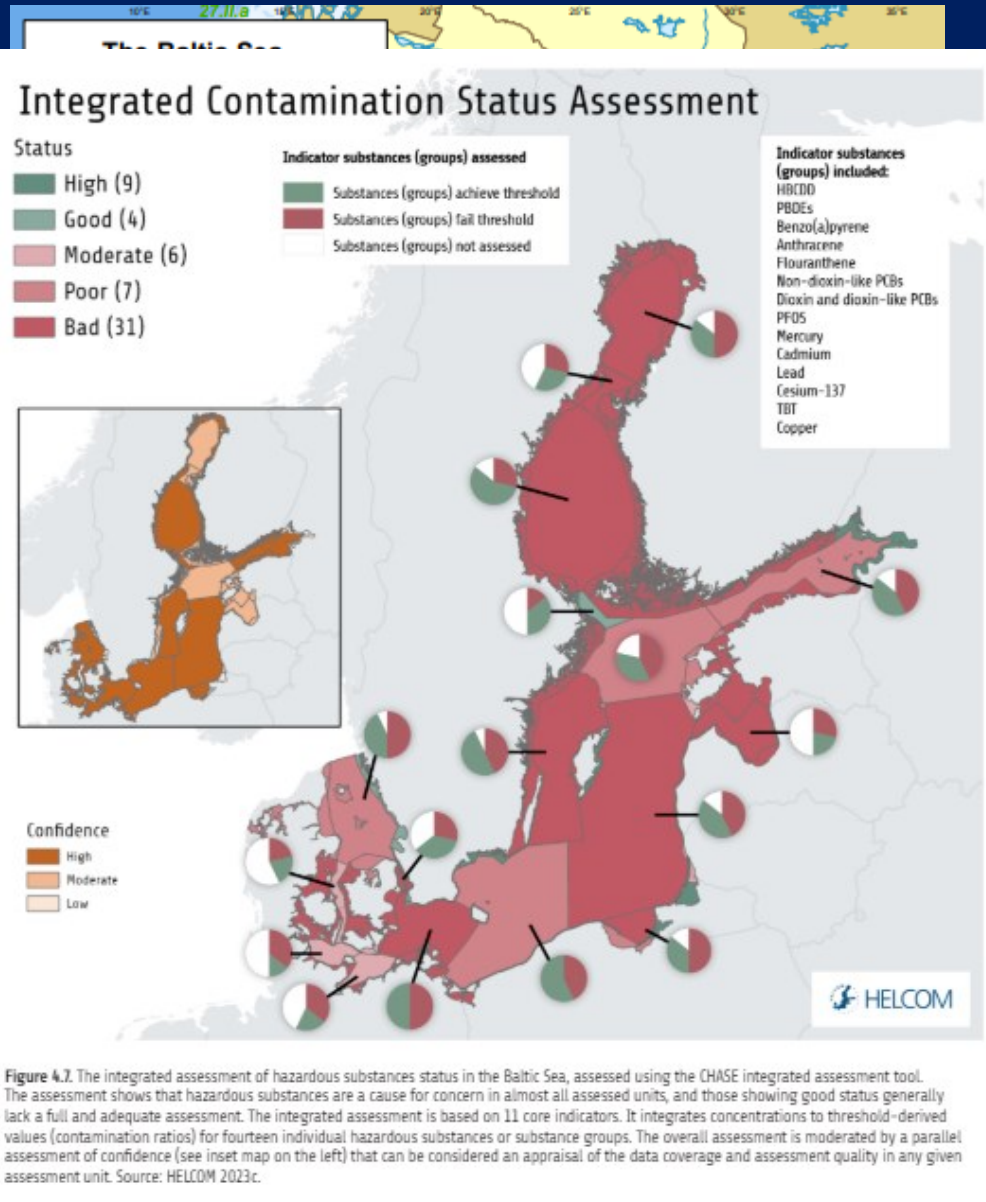


# Baltic Sea ecosystem and management



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Green = spawning stock biomass above the precautionary reference point, Bpa.

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# Polychlorinated biphenyls and Dioxins

- Polychlorinated biphenyls (PCBs) are persistent toxic substances and bioaccumulate in the marine food web
- Dioxins are a family of compounds that share distinct chemical structures and characteristics. Numerous dioxin-like compounds have been identified that are considered to have significant toxicity and can cause disease.
- Some PCB's have toxicological properties similar to dioxins (“dioxin-like PCB's”)

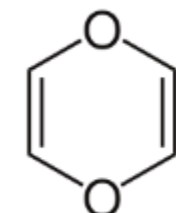
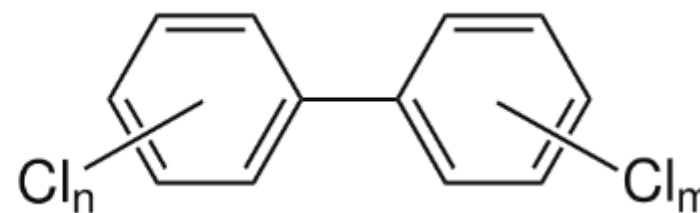
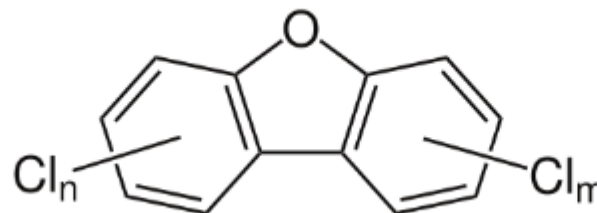
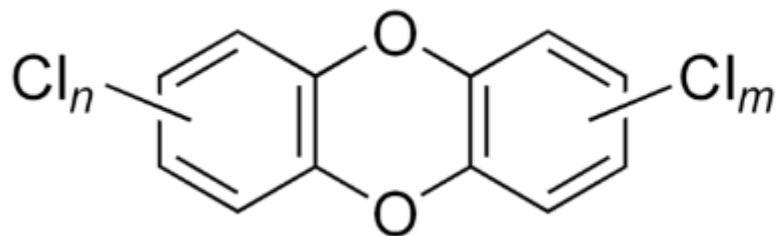


Polychlorinated dibenzo-p-dioxins

Polychlorinated dibenzofurans

Polychlorinated biphenyls

1,4-dioxin



# Polychlorinated biphenyls and Dioxins

Characteristic	Dioxins	PCBs	Dioxin-like PCBs
<b>Definition</b>	Polychlorinated dibenzo-p-dioxins (PCDDs)	Polychlorinated biphenyls	PCBs with similar toxicity to dioxins
<b>Formation/Usage</b>	By-products of industrial processes	Synthetic chemicals used in electrical equipment, etc.	Subset of PCBs with structural and toxic similarity to dioxins
<b>Toxicity</b>	Highly toxic, can cause cancer, immune, and reproductive issues	Can cause skin conditions, cancer, immune, and reproductive issues	More toxic than non-dioxin-like PCBs, similar to dioxins
<b>Environmental Persistence</b>	Persistent, accumulate in the environment	Persistent, accumulate in the environment	Persistent, accumulate in the environment

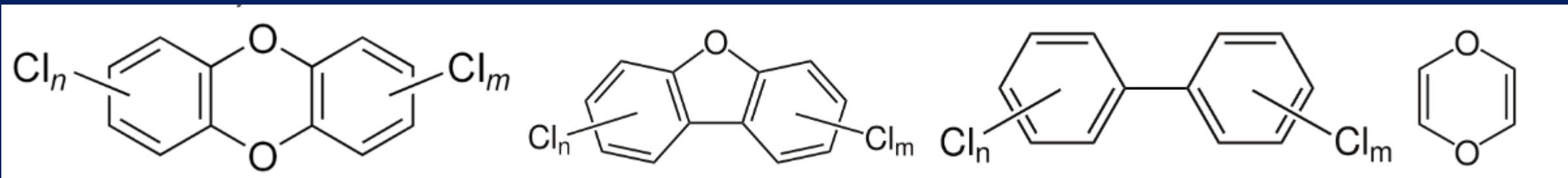


Polychlorinated dibenzo-p-dioxins

Polychlorinated dibenzofurans

Polychlorinated biphenyls

1,4-dioxin





1. Dioxins and PCBs are released from some industrial processes

2. Dioxins and PCBs are not soluble, sink to the bottom and attach to the sediments


3. Small organisms eat contaminated sediments

4. Small fish eat the small organisms, together with contaminants

5. Bigger fish eat a lot of small fish and accumulate contaminants in their bodies

6. Big fish eat a lot of fish and accumulate higher levels of dioxins and PCBs

# Human dietary exposure to dioxins and dioxin-like PCBs through the consumption of Atlantic herring from fishing areas in the Norwegian Sea and Baltic Sea

Carolin Fechner<sup>1,2</sup>  · Sylvia Frantzen<sup>3</sup> · Oliver Lindtner<sup>2</sup> · Gro Haarklou Mathisen<sup>1</sup> · Inger Therese L. Lillegaard<sup>1</sup>

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## Abstract

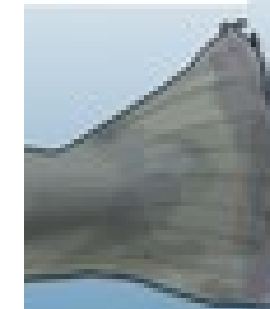
The concentrations of dioxins [polychlorinated dibenzo-p-dioxins (PCDDs) and polychlorinated dibenzofurans (PCDFs)], and dioxin-like polychlorinated biphenyls (DL-PCBs) in Atlantic herring depend on the fishing area. These substances originate from various anthropogenic sources and accumulate in the environment and in food. The influence of country-specific contaminant concentrations on human dietary exposure was studied exemplary for herring to show the influence of fish origin. PCDD/F and DL-PCB concentrations in herring from the Norwegian Sea and the Baltic Sea were combined with country-specific herring consumption. Herring concentrations showed geographical variation. For herring consumers, the 50th percentile dietary exposure to the total sum of PCDD/Fs and DL-PCBs amounted to 1.2 and 8.9 pg WHO-2005-TEQ/kg BW/week for Norway and Germany, respectively. The different exposure was mainly related to higher concentrations in herring from the Baltic Sea, rather than in herring from the Norwegian Sea. If contaminant concentrations are influenced by geographical origin, this should be integrated into the dietary exposure assessments. For herring, relevant fishing areas should be integrated into the sampling strategy to generate concentration data. The usage of country-specific data could refine exposure assessments.

**Keywords** Dietary exposure · Atlantic herring · Dioxins · DL-PCBs · Fishing area · Geographical origin

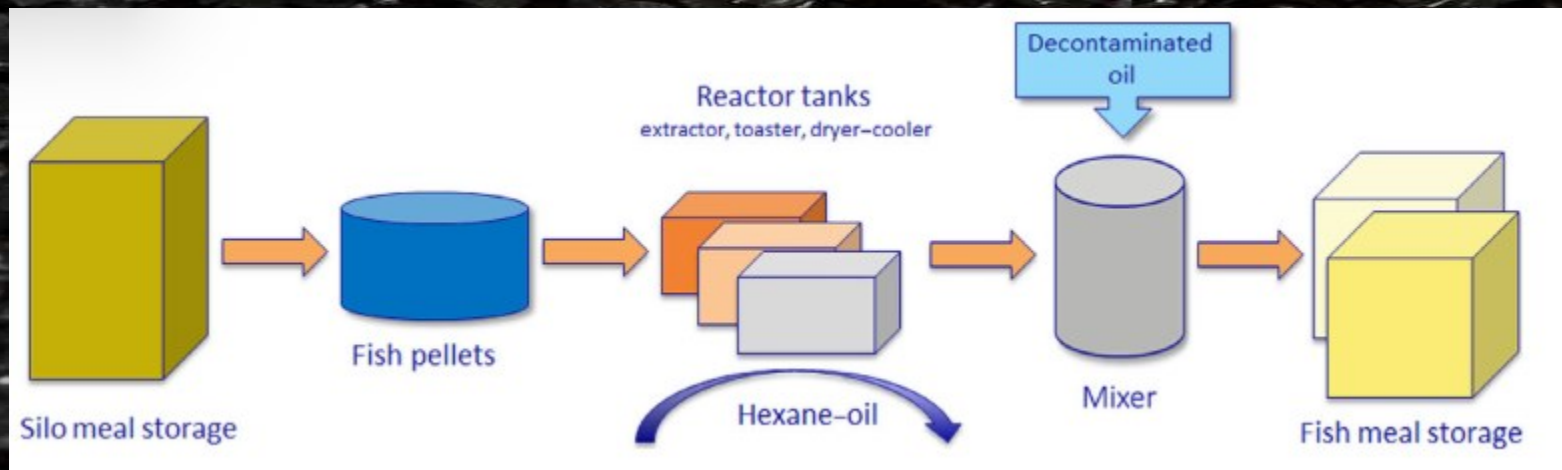
2. Dioxins and DL-PCBs are not water-soluble, sink and attach to

3. Small organisms eat contaminated sediments

accumulate  
PCBs



# How can we safely use the fish as resources?



# PCB and Dioxin removal opportunities in Fishmeal

**Table 1:** Levels of PCDD/F and DL-PCB in the samples of fish oil before and after the decontamination process

Total of 35 batches				
	Before process	After process	Mean reduction (%)	Range of reduction (%)
PCDD/Fs	8.88 (2.88)	1.42 (1.01)	84	49.3–97.7
DL-PCBs	10.82 (2.16)	4.92 (1.79)	55	21.0–89.0
Sum of above	19.71 (4.78)	6.35 (2.66)	68	35.2–91.8

PCDD/Fs: polychlorinated dibenzo-p-dioxins and polychlorinated dibenzofurans; DL-PCBs: Dioxin-like polychlorinated biphenyls

**Table 2:** Levels of the sum of PCDD/Fs and DL-PCBs, and NDL-PCBs in the samples of fish meal before and after the decontamination process

Fish meal	Sum of PCDD/Fs and DL-PCBs				NDL-PCBs			
	Before process	After process	Reduction (%)	Average reduction (%)	Before process	After process	Reduction (%)	Average reduction (%)
Batch A	25.4	0.878	96.5	95.2	92.2	4.94	94.7	93.3
Batch B	21.6	0.858	96.0		90.0	6.09	93.2	
Batch C	23.9	0.673	97.2		87.9	5.36	93.9	
Batch D	14.4	1.22	91.5		62.1	6.95	88.8	
Batch E	24.2	1.45	94.0		92.9	7.52	91.9	

PCDD/F: polychlorinated dibenzo-p-dioxins and polychlorinated dibenzofurans; DL-PCB: dioxin-like polychlorinated biphenyls; NDL-PCB: non-dioxin-like polychlorinated biphenyls.

Values expressed in ng WHO<sub>2005</sub>-TEQ/kg (PCDD/Fs and DL-PCBs) or µg/kg (NDL-PCBs).

EFSA Journal 2017;15(7):4961

doi: 10.2903/j.efsa.2018.5174

**Table 1:** Levels of PCDD/Fs and PCBs in samples from three batches of fish meal before and after the decontamination process (final product)

Contaminant	Batch A		Batch B		Batch C		Mean reduction (%)	Range of reduction (%)
	Before process	After process	Before process	After process	Before process	After process		
PCDD/Fs	1.17	0.37	1.16	0.32	1.31	0.41	70	68–72
DL-PCBs	1.16	0.47	1.15	0.26	1.23	0.46	66	60–77
Sum of above	2.33	0.84	2.31	0.58	2.54	0.87	68	64–75
NDL-PCBs	9.12	4.33	9.13	2.37	9.87	4.39	61	52–74

PCDD/F: polychlorinated dibenzo-p-dioxins and polychlorinated dibenzofurans; DL-PCB: dioxin-like polychlorinated biphenyls;

NDL-PCB: non-dioxin-like polychlorinated biphenyls.

Individual values expressed in ng WHO<sub>2005</sub>-TEQ/kg (PCDD/Fs and DL-PCBs) or µg/kg (NDL-PCBs).

## Research Article

### Decontaminated fishmeal and fish oil from the Baltic Sea are promising feed sources for Arctic char (*Salvelinus alpinus* L.)—studies of flesh lipid quality and metabolic profile

Ken Cheng<sup>1</sup>, Liane Wagner<sup>1</sup>, Ali A. Moazzami<sup>2</sup>, Pedro Gómez-Requeni<sup>1</sup>, AnnaLotta Schiller Vestergren<sup>1</sup>, Eva Brännäs<sup>3</sup>, Jana Pickova<sup>1,4</sup> and Sofia Trattner<sup>1</sup>

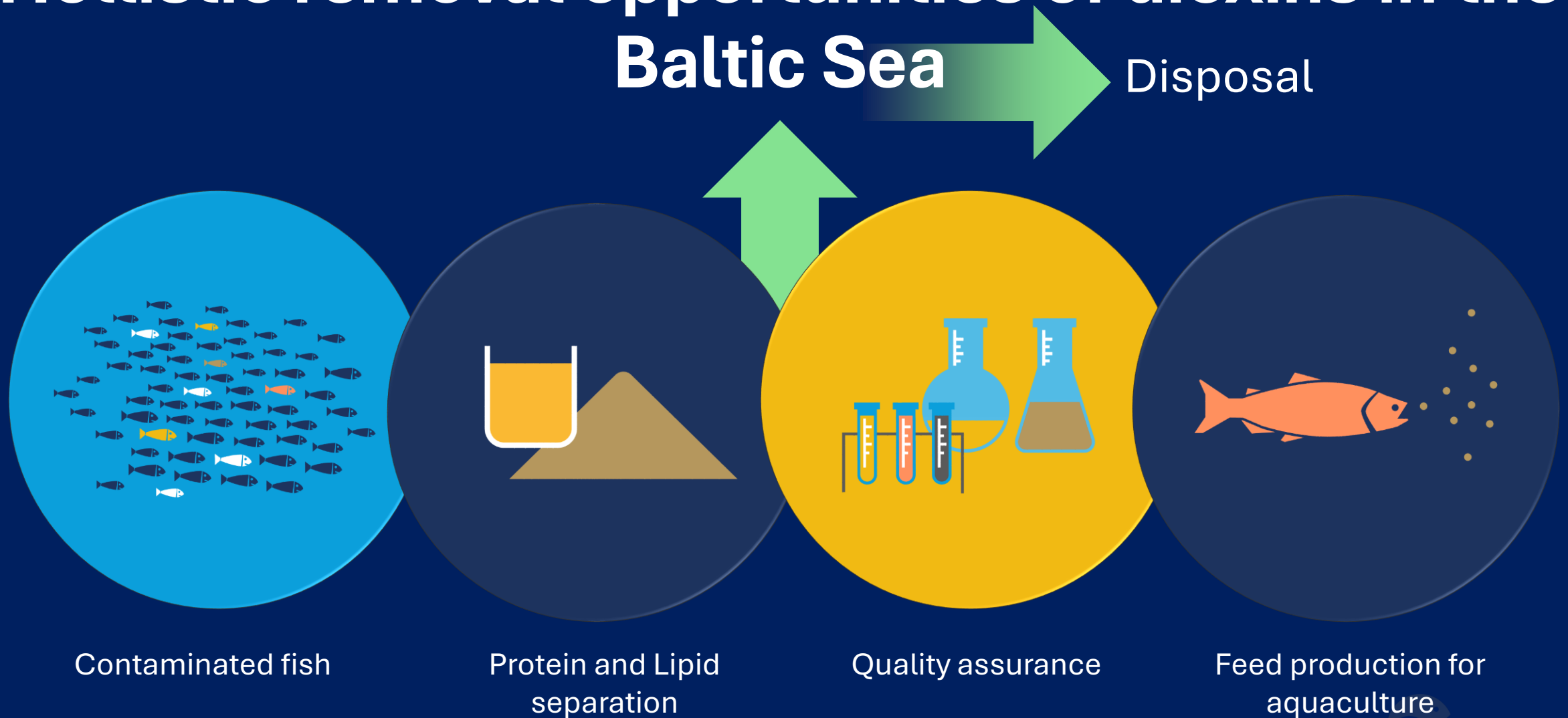
<sup>1</sup> Department of Food Science, Uppsala BioCenter, Swedish University of Agricultural Sciences, Uppsala, Sweden

<sup>2</sup> Department of Chemistry and Biotechnology, Uppsala BioCenter, Swedish University of Agricultural Sciences, Uppsala, Sweden

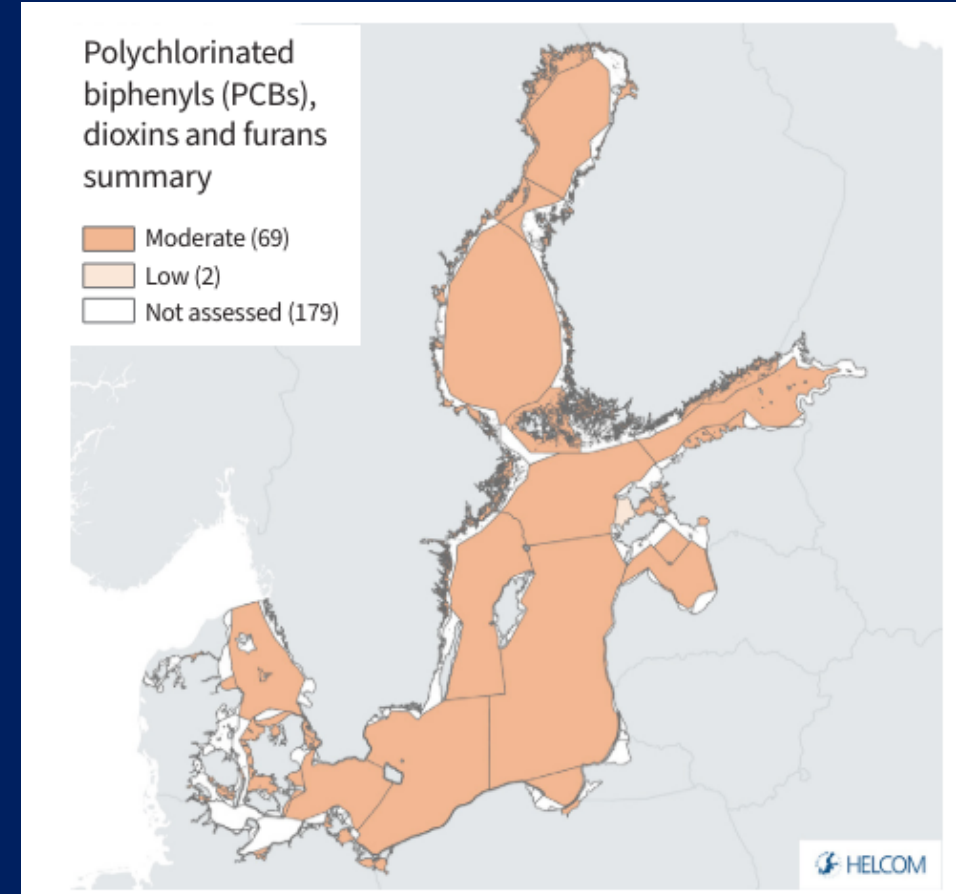
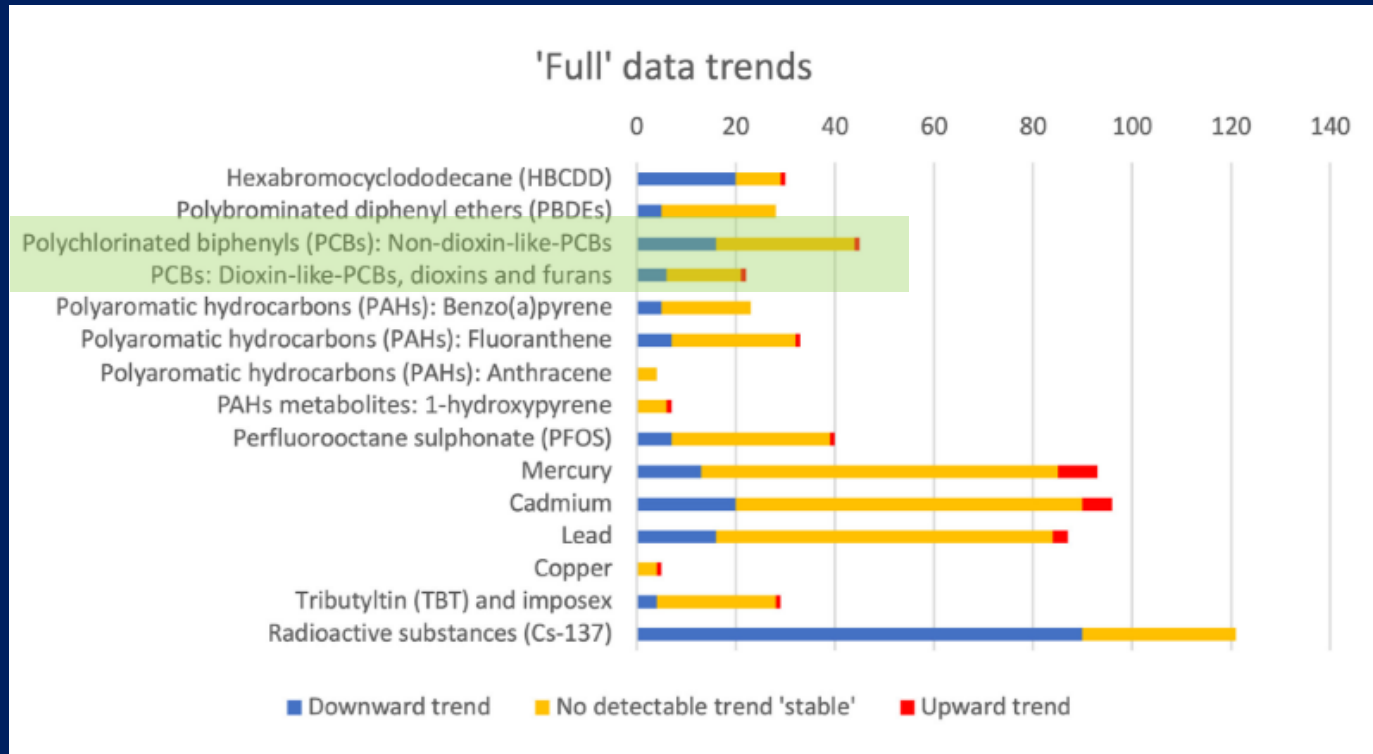
<sup>3</sup> Department of Wildlife, Fish and Environmental Studies, Swedish University of Agricultural Sciences, Umeå, Sweden

<sup>4</sup> Faculty of Fisheries and Protection of Waters, University of South Bohemia in Ceske Budejovice, CENAKVA, Vodnany, Czech Republic

# Hollistic removal opportunities of dioxins in the Baltic Sea



# Dioxins and PCBs in the Baltic sea. Now. 2023



evaluation (left) and confidence in the evaluation (right) based on monitoring in biota units (defined in the HELCOM Monitoring and Assessment Strategy Annex 4).

# Dioxins and PCBs in the Baltic sea. Now. 2023

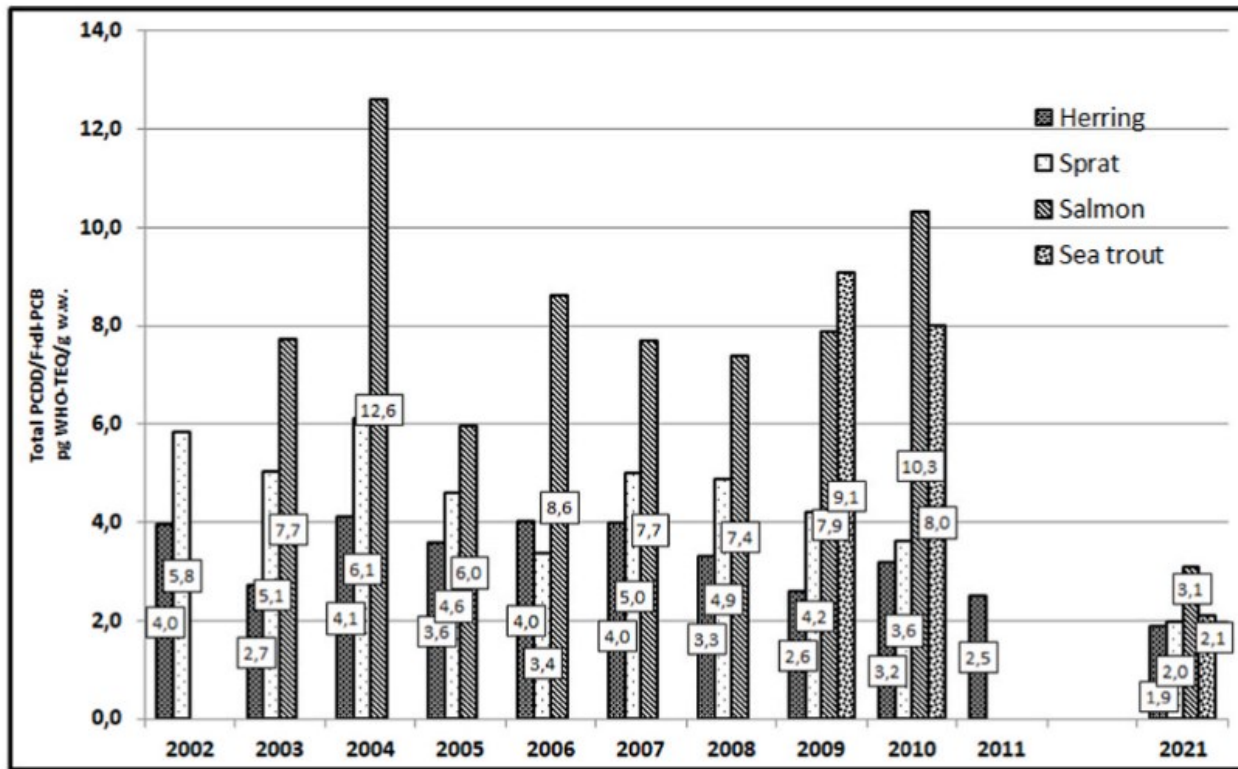
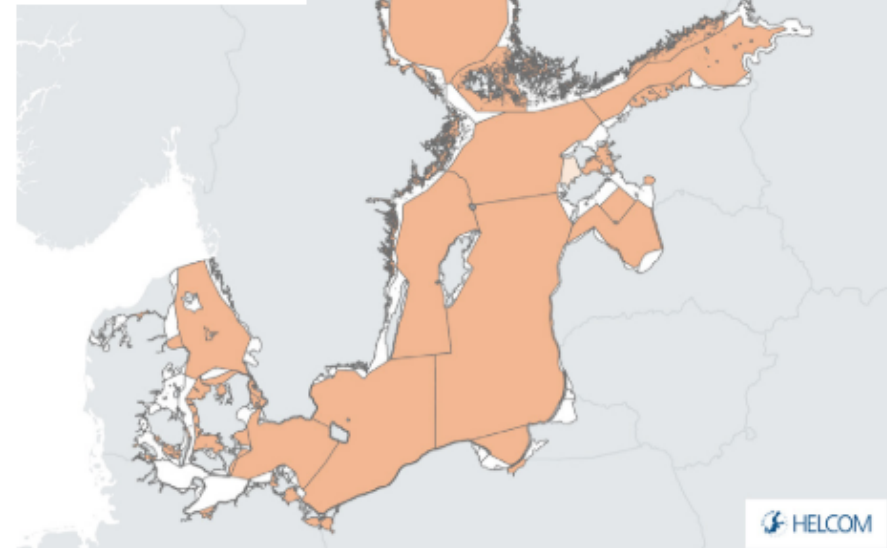


Fig. 2. Changes in concentrations of dioxins and dl-PCBs in Baltic fishes in 2002–2021 (2002–2006, Niemiryecz et al., 2017, 2007–2010, Piskorska-Pliszczynska et al., 2012, 2021 – results of the current study).

Polychlorinated biphenyls (PCBs), dioxins and furans summary

- Moderate (69)
- Low (2)
- Not assessed (179)



evaluation (left) and confidence in the evaluation (right) based on monitoring in biota units (defined in the HELCOM Monitoring and Assessment Strategy Annex 4).



**PFAS**

# PFAS in global Fishmeals

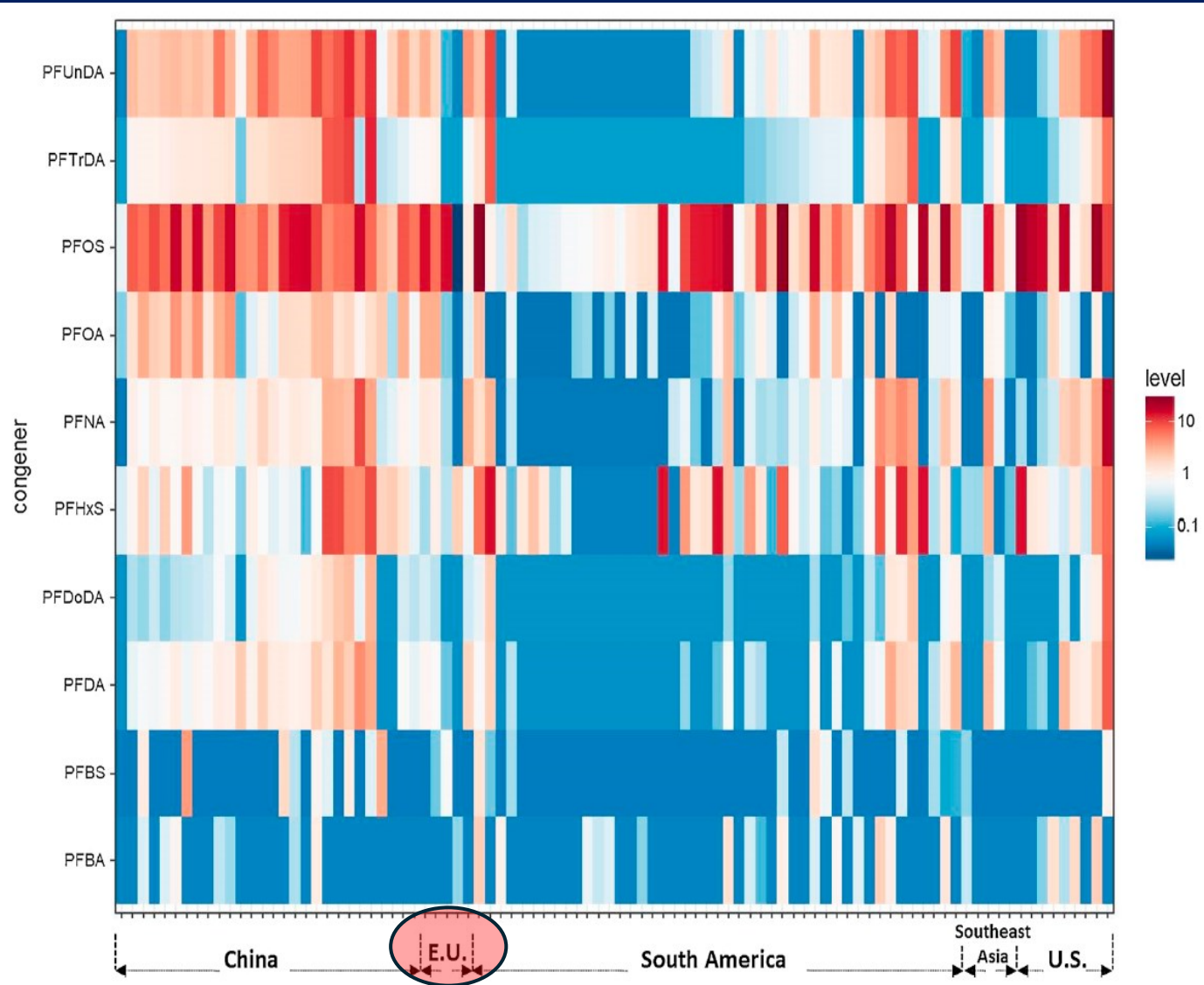


Fig. 3. The composition profiles of the analyzed PFAAs (log transformed) in fishmeal samples among different sampling areas.

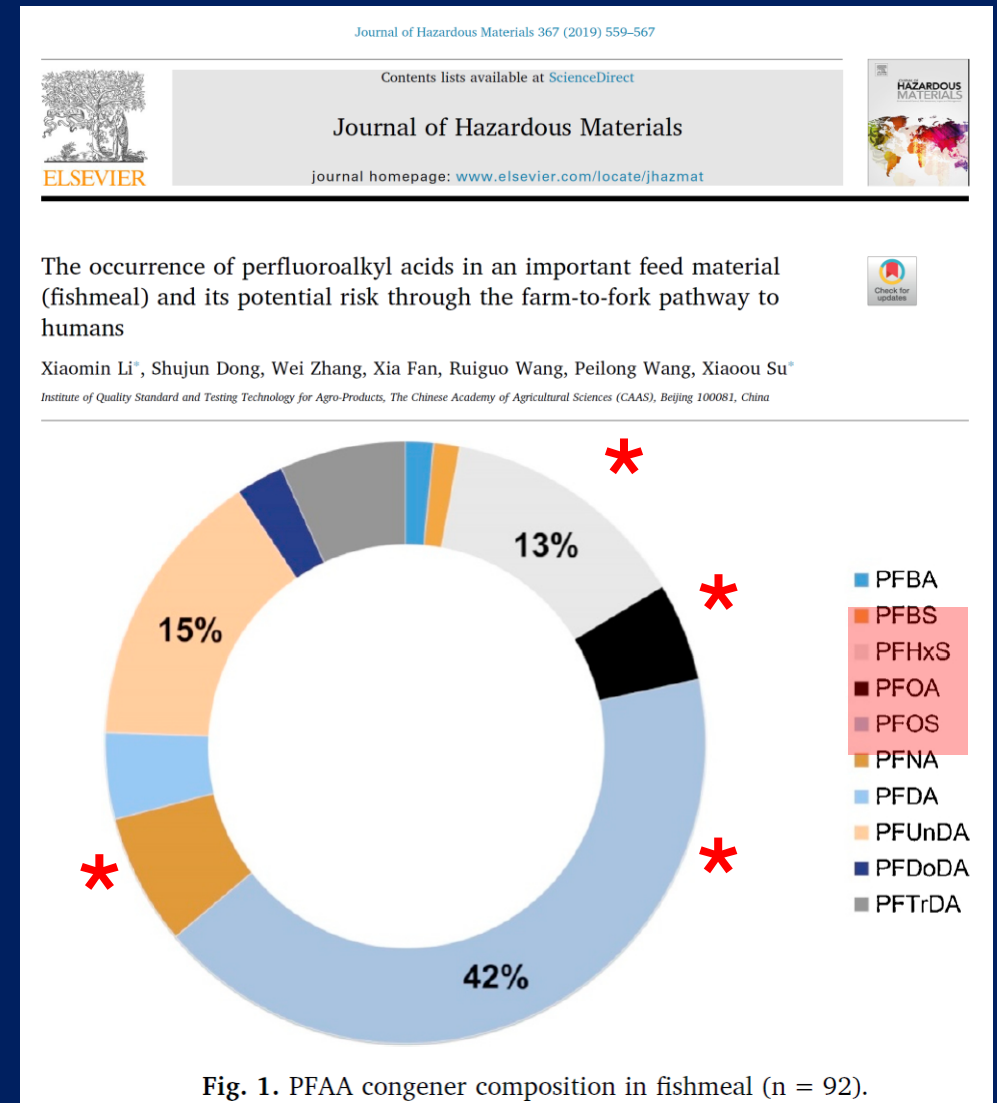


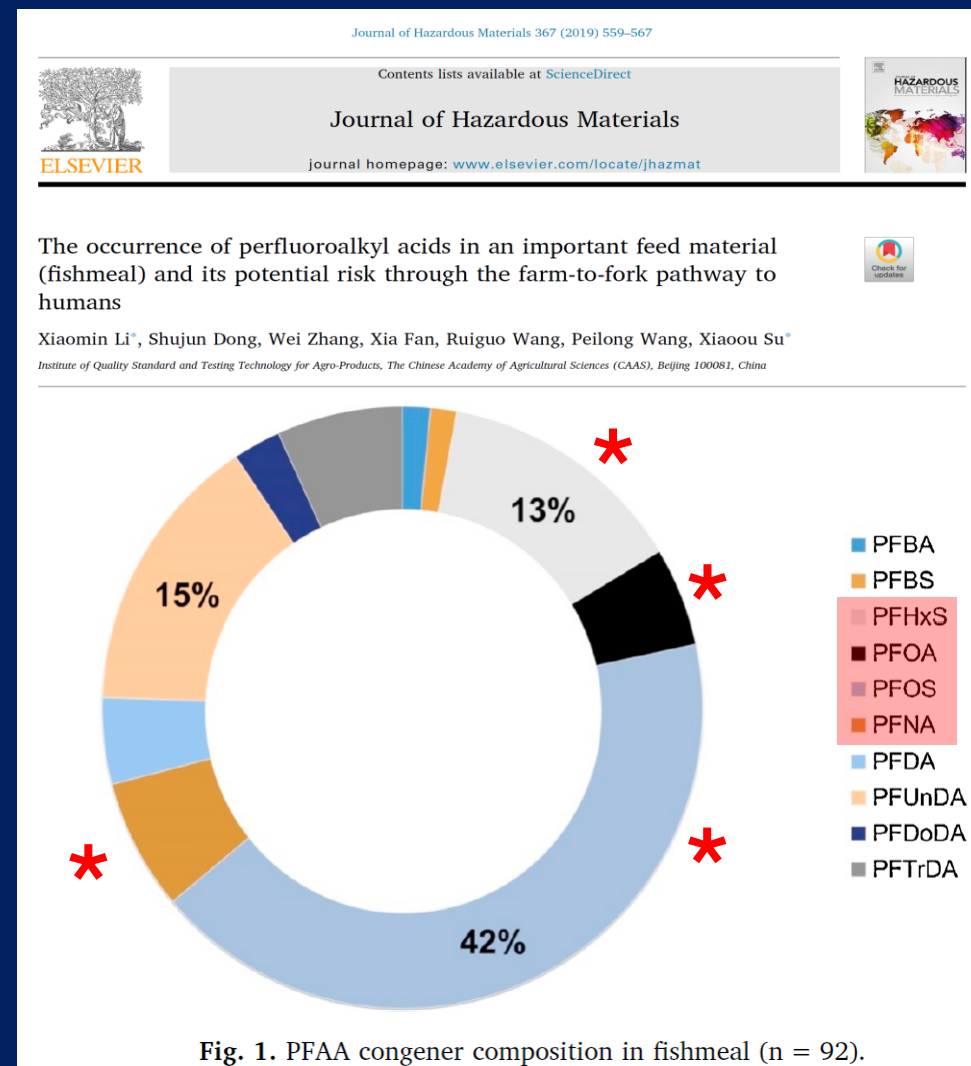
Fig. 1. PFAA congener composition in fishmeal (n = 92).

# PFAS in Fishmeal

**Table 1**  
Concentrations and detection frequency of PFAAs in fishmeal (ng/g).

		PFBA	PFBS	PFHxS	PFOA	PFOS	PFNA	PFDA	PFUnDA	PFDoDA	PFTTrDA	Total PFAAs
DF (%)		32.6	26.1	88.0	71.7	98.9	72.8	60.9	72.8	48.9	62.0	100
United States (n = 9)	min	0.04	0.04	0.35	0.04	0.88	0.04	0.05	0.05	0.06	0.07	6.39
	max	1.97	0.85	6.78	1.69	24.3	19.25	7.89	26.8	7.29	6.13	84.9
	geomean	0.25	0.06	1.13	0.19	6.48	1.03	0.70	1.48	0.25	0.45	20.6
	mean	0.70	0.14	1.94	0.48	11.3	3.67	1.88	5.74	1.17	1.27	28.3
China (n = 28)	median	0.21	0.04	1.05	0.24	12.9	1.74	1.06	2.98	0.19	0.44	19.1
	min	0.04	0.04	0.11	0.12	0.51	0.04	0.05	0.05	0.06	0.07	1.42
	max	1.03	3.96	9.76	4.28	16.8	9.47	4.69	12.1	2.81	12.6	52.0
	geomean	0.07	0.11	1.04	1.40	6.81	0.99	0.80	2.85	0.41	1.13	18.9
Russia	mean	0.15	0.46	2.06	1.90	8.37	1.44	1.19	4.03	0.68	2.22	22.5
	median	0.04	0.04	0.75	1.66	6.55	0.97	0.89	2.96	0.38	1.17	21.5
	min	0.04	0.04	0.27	0.04	0.02	0.04	0.05	0.05	0.06	0.07	2.47
	max	1.99	1.36	14.7	2.29	27.1	3.01	1.84	9.70	1.99	8.10	45.3
South America (n = 45)	geomean	0.12	0.18	1.93	0.18	1.49	0.65	0.44	0.86	0.26	0.52	15.6
	mean	0.46	0.45	4.69	0.59	8.83	1.56	0.90	3.32	0.59	2.07	23.5
	median	0.04	0.14	1.94	0.15	1.11	1.55	0.73	2.39	0.34	0.65	16.7
	min	0.04	0.04	0.04	0.04	0.22	0.04	0.05	0.05	0.06	0.07	1.06
Southeast Asia (n = 5)	max	1.88	1.48	14.6	3.25	27.8	4.80	3.25	10.1	2.29	7.55	42.1
	geomean	0.11	0.06	0.49	0.16	2.51	0.18	0.13	0.28	0.09	0.17	6.18
	mean	0.28	0.12	2.33	0.48	6.03	0.69	0.38	1.33	0.21	0.52	12.4
	median	0.04	0.04	0.55	0.15	1.67	0.22	0.05	0.35	0.06	0.07	4.78
Total	min	0.04	0.04	0.04	0.04	0.45	0.04	0.05	0.05	0.06	0.07	1.02
	max	0.04	0.04	14.19	0.88	24.0	4.25	2.54	3.99	0.42	0.86	38.8
	geomean	0.04	0.04	0.54	0.16	3.15	0.23	0.19	0.24	0.11	0.16	6.72
	mean	0.04	0.04	3.49	0.37	8.42	1.01	0.68	1.31	0.16	0.29	15.8
	median	0.04	0.04	0.20	0.12	2.41	0.23	0.05	0.05	0.06	0.07	8.15
	min	0.04	0.04	0.04	0.04	0.02	0.04	0.05	0.05	0.06	0.07	1.02
	max	1.99	3.96	14.7	4.28	27.8	19.2	7.89	26.8	7.29	12.6	84.9
	geomean	0.10	0.07	0.73	0.34	3.72	0.40	0.30	0.73	0.17	0.36	10.4
	mean	0.27	0.25	2.40	0.94	7.54	1.26	0.82	2.70	0.46	1.21	17.8
	median	0.04	0.04	0.75	0.47	5.16	0.53	0.51	1.40	0.06	0.35	14.9

DF (%) = Detection frequency.







## EFFOP submits PFAS data to EFSA

We are pleased to announce that EFFOP has successfully submitted a comprehensive dataset on PFAS in fishmeal to the European Food Safety Authority (EFSA). EFFOP has shared a robust dataset comprising data from 175 distinct fishmeal batches. The dataset will lay the ground for risk management strategies concerning future PFAS levels in feed.

EFFOP's investigation stands as the most extensive of its kind to date in monitoring PFAS levels within fishmeal.

[Read more](#)

# Marine Ingredients have evolved into strategic ingredients

**Marine ingredients have evolved into "*Strategic ingredients*"**

Enabling feed producers to utilize lower cost ingredients to provide the mass of nutrients in feeds while marine ingredients provide those critical nutrients that are harder to replace for ensuring optimal animal health and welfare

The future of the animal feed sector will rely on increasing circularity in resource use coupled with the application of novel extraction technologies

